Resources on Adjustment and PTSD

VA College Toolkit Handout

STUDENT RESOURCES

After Deployment:

www.afterdeployment.org

Wellness resources for the military community.

Make the Connection:

https://maketheconnection.net/events/students-higher-education

Stories of Veterans overcoming challenges

Military OneSource:

www.militaryonesource.com*

Free service provided by the Department of Defense for active-duty, Guard, and Reserve Service Members and their families, topics include education, relocation, parenting, stress.

National Resource Directory:

nrd.gov

Over 11,000 resources for wounded, ill or injured Service Members and their family.

Real Warriors:

www.realwarriors.net*

Promotes the processes of building resilience, facilitating recovery and supporting reintegration of returning Service Members, Veterans and their families

Transitioning Service Members:

www.oefoif.va.gov*

Student Veterans of America:

www.studentveterans.org*

National organization that helps develop student Veteran groups on campuses and develop programs and policies to assist with Veteran transition to the classroom.

VA Mobile App Catalog

https://www.ptsd.va.gov/appvid/mobile/index.asp

Apps provide self-help, motivation and support

Vets Prevail

https://www.vetsprevail.org/

Confidential online treatment platform

FACULTY & STAFF RESOURCES

VA National Center for PTSD:

www.ptsd.va.gov

Fact sheets, videos and resources for understanding PTSD and PTSD treatment

Veterans Crisis Line:

http://www.veteranscrisisline.net/*

1-800-273-8255 (TALK) Press "1" for Veterans. (Spanish/Español **1-888-628-9454**). Veterans can chat live with a crisis counselor at any time of day or night. If a Veteran presents in crisis, please call 911, walk them to the nearest Emergency Room.

University Counseling Center Core Competency:

http://deploymentpsych.org/training/uc4*

The UC4 is Center of Deployment Psychology University Counseling Center Core Competency program, which is a full-day presentation designed to address the social, cultural, clinical, and campus-specific concerns of Service Members and Veterans. This program includes specific discussion of campus outreach and planning, and is appropriate for both clinical and non-clinical campus personnel.

ADMINISTRATOR RESOURCES

Post 9/11 GI Bill:

http://www.gibill.va.gov/

VA Benefits Applications:

https://www.ebenefits.va.gov/ebenefits/homepage

American Council on Education – Military Programs:

https://www.acenet.edu/higher-education/topics/Pages/Supporting-Military-Connected-Students.aspx*

A collaborative link between the U. S. Department of Defense and higher education to award equivalent college credits to members of the Armed Forces for their military training and experiences.