

Resources on Adjustment and PTSD

VA College Toolkit Handout

STUDENT RESOURCES

After Deployment:

www.afterdeployment.org

Wellness resources for the military community.

Make the Connection:

<https://maketheconnection.net/events/students-higher-education>

Stories of Veterans overcoming challenges

Military OneSource:

www.militaryonesource.com*

Free service provided by the Department of Defense for active-duty, Guard, and Reserve Service Members and their families, topics include education, relocation, parenting, stress.

National Resource Directory:

nrd.gov

Over 11,000 resources for wounded, ill or injured Service Members and their family.

Real Warriors:

www.realwarriors.net*

Promotes the processes of building resilience, facilitating recovery and supporting reintegration of returning Service Members, Veterans and their families

Transitioning Service Members:

www.oefoif.va.gov*



Student Veterans of America:

www.studentveterans.org*

National organization that helps develop student Veteran groups on campuses and develop programs and policies to assist with Veteran transition to the classroom.

VA Mobile App Catalog

<https://www.ptsd.va.gov/appvid/mobile/index.asp>

Apps provide self-help, motivation and support

Vets Prevail

<https://www.vetsprevail.org/>

Confidential online treatment platform

FACULTY & STAFF RESOURCES

VA National Center for PTSD:

www.ptsd.va.gov

Fact sheets, videos and resources for understanding PTSD and PTSD treatment

Veterans Crisis Line:

<http://www.veteranscrisisline.net/>*

1-800-273-8255 (TALK) Press "1" for Veterans. (Spanish/Español **1-888-628-9454**). Veterans can chat live with a crisis counselor at any time of day or night. If a Veteran presents in crisis, please call 911, walk them to the nearest Emergency Room.

University Counseling Center Core Competency:

<http://deploymentpsych.org/training/uc4>*

The UC4 is Center of Deployment Psychology University Counseling Center Core Competency program, which is a full-day presentation designed to address the social, cultural, clinical, and campus-specific concerns of Service Members and Veterans. This program includes specific discussion of campus outreach and planning, and is appropriate for both clinical and non-clinical campus personnel.

ADMINISTRATOR RESOURCES

Post 9/11 GI Bill:

<http://www.gibill.va.gov/>

VA Benefits Applications:

<https://www.ebenefits.va.gov/ebenefits/homepage>

American Council on Education – Military Programs:

https://www.acenet.edu/higher-education/topics/Pages/Supporting-Military-Connected-Students.aspx*

A collaborative link between the U. S. Department of Defense and higher education to award equivalent college credits to members of the Armed Forces for their military training and experiences.



U.S. Department
of Veterans Affairs