

<u>Service/Concern</u>	<u>Office</u>
<b>Academic Grievances</b>	<a href="#">Office of the Dean of Students (DOS)</a> <a href="#">Office of Access and Equity (OAE)</a>
<b>Academic Support and Tutoring</b> For an extensive list, visit <a href="http://flamestutoring.uic.edu">flamestutoring.uic.edu</a>	<a href="#">Academic Center for Excellence (ACE)</a> <a href="#">African-American Academic Network (AAAN)</a> <a href="#">CHANCE Program</a> <a href="#">Honors College Tutoring</a> <a href="#">Latin American Recruitment and Educational Services (LARES)</a> <a href="#">Mathematical Sciences Learning Center (MSLC)</a> <a href="#">Native American Support Program (NASP)</a> <a href="#">TRIO Upward Bound and Student Support Services</a> <a href="#">Minority Engineering Recruitment and Retention Program (MERRP)</a> <a href="#">The Writing Center</a> <a href="#">The Language Studio</a>
<b>Adjusting to College</b>	<a href="#">Office of the Dean of Students</a> <a href="#">Counseling Center</a> <a href="#">Campus Housing</a> <a href="#">Center for Student Involvement</a>
Support for Students on the <b>Autistic Spectrum</b>	<a href="#">Disability Resource Center</a> <a href="#">Counseling Center</a>
Support for Students Experiencing <b>Depression</b>	<a href="#">Counseling Center</a> <a href="#">InTouch Crisis and Support Hotline</a>
Support for Students with <b>Disabilities</b>	<a href="#">Disability Resource Center</a> <a href="#">Office for Access and Equity</a> <a href="#">Disability Cultural Center</a>
<b>Discrimination and Cultural Issues/Support</b>	<a href="#">Office for Access and Equity</a> <a href="#">Undocumented Student Support</a> <a href="#">Office of the Dean of Students</a> <a href="#">Counseling Center</a> <a href="#">Office of the Vice Provost for Diversity</a> <a href="#">African-American Cultural Center (AACC)</a> <a href="#">African-American Academic Network (AAAN)</a> <a href="#">Arab American Cultural Center</a> <a href="#">Asian American Resource and Cultural Center</a> <a href="#">Office of International Services</a> <a href="#">Latin American Recruitment and Educational Services (LARES)</a> <a href="#">Native American Support Program (NASP)</a> <a href="#">Rafael Cintron Latino Cultural Center</a> <a href="#">Women's Leadership and Resource Center</a>
Working with <b>Distressed/Disruptive Students</b> in the Classroom	<a href="#">Office of the Dean of Students</a> <a href="#">Counseling Center</a>
Struggling with an <b>Eating Disorder</b>	<a href="#">Counseling Center</a> <a href="#">Wellness Center</a>
<b>Financial Information/Assistance</b>	<a href="#">Office of the Dean of Students</a> <a href="#">Office of Student Financial Aid</a> <a href="#">Office of Scholarships</a>
Experiencing <b>Food Insecurity</b>	<a href="#">Wellness Center</a> <a href="#">Office of the Dean of Students</a>
Experiencing <b>Housing Instability</b>	<a href="#">Office of the Dean of Students</a> <a href="#">Wellness Center</a>

**LGBTQ Support**

[Gender and Sexuality Center](#)  
[Counseling Center](#)

**Mental Health Concerns**

[Counseling Center](#)  
[Counseling Center](#)  
[Wellness Center](#)

**Personal Safety**

[UIC Police](#)  
[UIC Alerty Notification System](#)  
[Office of the Dean of Students](#)

**Self-Harm**

[Counseling Center](#)  
[Wellness Center](#)

**Sexual and Interpersonal Violence**

[UIC Police](#)  
[Campus Advocacy Network](#)  
[Office of the Dean of Students](#)  
[Office for Access and Equity](#)  
[Wellness Center](#)  
[Women's Leadership and Resource Center](#)  
[Counseling Center](#)  
[Campus Housing](#)

**Smoking Cessation**

[UIC Tobacco-Free Policy](#)  
[Wellness Center](#)

**Stress and Anxiety**

[Counseling Center](#)  
[Wellness Center](#)

**Student Health**

[UI Health-Family Medicine](#)  
[Office of the Dean of Students](#)  
[Campus Care](#)

**Student Legal Services**

[Office of the Dean of Students](#)

**Student Misconduct**

[Student Disciplinary Policy](#)  
[Office of the Dean of Students](#)  
[Campus Housing](#)

**Student Veteran Services**

[Office of the Dean of Students](#)  
Cisar Student Veteran Center

**Substance Use Disorders & Educational Programs**

[Wellness Center](#)  
[Counseling Center](#)

**Suicide Prevention, Education & Response**

[UIC Police](#)  
[Counseling Center](#)  
[Workshops: Counseling Center](#)  
[Office of the Dean of Students](#)  
[Campus Housing](#)  
[InTouch Crisis and Support Hotline](#)  
[UIC Hospital Emergency Room](#)

## Off Campus Resources

<u>Service/Concern</u>	<u>Informational/Resource</u>
Support for Individuals on Autistic Spectrum	<a href="#">National Institutes of Mental Health</a> <a href="#">WebMD</a> <a href="#">Child Mind Institute: Going to College with Autism</a>
Support for Students Experiencing Depression	<a href="#">National Institutes of Mental Health</a> <a href="#">Mayo Clinic</a> <a href="#">Mayo Clinic: Supporting a Family Member or Friend</a>
Support for Students with Disabilities	<a href="#">Centers for Disease Control: Information on Americans with Disabilities Act, Coping, and Transitions</a>
Discrimination and Cultural Issues/Support	<a href="#">American Psychological Association (Coping with Discrimination)</a> <a href="#">Health Disparities and Stress</a>
Struggling with an Eating Disorder	<a href="#">National Eating Disorders Helpline</a>
Financial Information/Assistance	<a href="#">American Psychological Association Coping with Financial Stress</a>
Experiencing Food Insecurity	<a href="#">National Student Coalition Against Hunger and Homelessness</a>
Experiencing Housing Instability	<a href="#">National Runaway Safeline</a> <a href="#">Youth Futures</a> <a href="#">Chicago Coalition for the Homeless-Streetlight Chicago</a>
LGBTQ Support	<a href="#">TransLifeline</a> <a href="#">The Trevor Project</a> <a href="#">Parents, Families and Friends of Lesbians and Gays</a> <a href="#">Gay and Lesbian Alliance Against Defamation</a>
Mental Health Concerns	<a href="#">National Alliance on Mental Illness</a>
Personal Safety	<a href="#">Victim Connect: Hotline for Referrals and Resources</a>
Self-Harm	<a href="#">National Alliance on Mental Illness: Self Harm</a>
Sexual and Interpersonal Violence	<a href="#">Rape Victim Advocates</a> <a href="#">National Sexual Assault Hotline</a> <a href="#">National Domestic Violence Hotline</a> <a href="#">Love Is Respect National Teen Dating Violence Hotline</a> <a href="#">National Street Harassment Hotline</a> <a href="#">Human Trafficking Hotline</a> <a href="#">Rape Abuse and Incest National Network</a> <a href="#">National Sexual Violence Resource Center</a> <a href="#">National Sexual Violence Resource Center: (How to Support a Loved One)</a> <a href="#">Stalking Resource Center</a> <a href="#">Child Help National Child Abuse Hotline</a> <a href="#">1 in 6: Information and Online Help for Male Survivors of Sexual Abuse</a>
Stress and Anxiety	<a href="#">CDC Coping With Stress Factsheet</a> <a href="#">American Psychological Association Coping with Stress and Anxiety</a> <a href="#">National Institutes of Mental Health: Coping with Stress</a> <a href="#">Anxiety and Depression Association of America: Coping with Anxiety and Stress</a> <a href="#">WebMD What are Anxiety Disorders</a>
Student Veteran Services	<a href="#">Jesse Brown VA Medical Center</a> <a href="#">Sexual Assault Help for the DoD Community</a> <a href="#">Veterans Crisis Line</a>
Substance Use Disorders & Educational Programs	<a href="#">Mayo Clinic: Alcohol Use Disorders</a> <a href="#">Mayo Clinic: Drug Use Disorders</a> <a href="#">Treatment for Substance Use Disorders</a> <a href="#">National Institute on Drug Abuse: What To Do To Help a Friend or Loved One</a>
Suicide Prevention, Education & Response	<a href="#">NIMH information and helpline</a> <a href="#">CDC (Understanding the Risk Factors for Suicide)</a> <a href="#">American Foundation for Suicide Prevention (Illinois Statistics)</a>